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Students actively learn about drug & alcohol safety. *page 2*

Hasifa is spotlighted for her many talents. *page 7*

THE PANTHER

Volume 89, Issue 9

Wednesday, November 4, 2009

pvpantner.com

PV upgrades Internet software

Clean Access is introduced

By Ryan Rudd
News Editor

In an effort to assist students in keeping their software updated while maintaining a virus free computer, the university's Information Technology department has adopted Cisco Systems' "Clean Access" program.

Operating for the 10th year, Clean Access was designed to ensure that computers being operated by students, faculties, and staff, possess the minimal security requirements needed to maintain a healthy and efficient software system. Through the program, students are provided the opportunity to acquire free anti-virus, anti-spyware, and frequent Microsoft updates.

Thomas de Q. Jefferson, director of user services and information technology services, said, "When you make an investment in a personal computer, you certainly want to protect that. Computer viruses are a huge issue, not only in academia, but in all walks of life. We want students to gain knowledge about what it takes to maintain a good computer. The significance of this program lies within the fact that it gives students a preview of what to expect and how to deal with software issues so that they can take what they've learned here and apply it to their future endeavors."

Beginning its first year here at PVAMU, the Clean Access program was implemented after it was mandated by the federal government and the state of Texas. With 34 new computers placed in Farrell Hall's computer laboratory, and 120 new computers placed in Coleman Hall, the need to install Clean Access was important so that new and old computers can be updated and run effectively.

Another aspect of the university's de-



Courtesy of Ken Davis

Brand New: Farrell Hall has received new computers for students to use in its study lab.

cision to undergo changes in IT, deals with the growing market of cyber crime. Cyber crime, as Jefferson explains it, is any type of malicious intrusion into a network or computer for the purpose of breaking laws or invasion of privacy. Actions linked to cyber crime range from password hacking to identity theft. Ways to avoid cyber crime are safe surfing, frequent changes of passwords, and password protection.

Jefferson and his colleagues also advise students to avoid all SPAM that comes through the inboxes of e-mail accounts. In many cases, these messages are the ones that ask for usernames and passwords, which no legitimate institution practices. In addition, students should also avoid downloading applications that may allow outside users access to the inner workings of their software system. Ares and Lime Wire are two of the main appli-

cations that are examples of these potentially threatening programs.

Luis-Pablo Grijalva, chief information officer for SunGard, said, "In reality, this tool (Clean Access) is for the students' own protection and benefit. It makes sure that your computer isn't experiencing security issues, while keeping the system up to date with software."

According to Sally J. Stevenson, SunGard's director of academic technology, schools nationwide have already resorted to utilizing Clean Access, including the University of Notre Dame, the University of Michigan, and Southern University in Baton Rouge. Grijalva, Jefferson, and Stevenson believe that the new program is the best solution for software related issues. Students seeking to take advantage of new software updates should visit www.pvamu.edu/pages/5875.asp.

Quick Tips

Clean Access:

- does** periodically scan user's computer to assure security requirements are met
- does** validate that user belongs to network
- does** check that computer system is clean of viruses

- does not** track what users do on the network

- **game consoles and PDA users should call (936) 261-2535 or 1-877-242-1752 to register these devices with the network**

What it takes to be a lady

Sigma Gamma Rho Sorority, Inc. hosts etiquette seminar

By Aaron Jacobs
Business Manager

Sigma Gamma Rho Sorority, Inc. hosted a seminar for its etiquette series for students last Thursday, Oct. 29.

In her first seminar appearance, guest speaker Alyssa Rhodes, second attendant to Miss Prairie View A&M University, gave a very spirited presentation on how to present oneself as a lady on campus.

She began by explaining the definition of a woman and how it was different than that of a lady saying, "The standards are set for being a lady. A lady is just that - a lady. And there shouldn't be a switch that you just turn on and off." The audience learned that a lady knows she is being watched from her dress, mannerisms, and her entire stature.

Rhodes put an emphasis on the fact that as women on campus, respect must be shown to male professors and other male students in choosing what to wear for the day. Tight booty shorts and a revealing top do not



By Brad Traywick, The Panther

Ladies, NO: Rhodes explains what shoes are appropriate for campus.

make for the greatest learning environments. A fluffy pink house slipper was also used as an example of what not to wear on campus, she said, proving that house shoes are for the house. Wearing four-inch heels to class is a no-no according to Rhodes. She said that walking on the campus' cobblestone can make a difficult trip to class. A woman can wear heels, but it should be a low heel; something that's appropriate to wear to class and comfortable to wear while strolling across campus.

Rhodes mentioned that a lady is also cautious of what she wears around other women. Rhodes stated that a woman would never wear clothing that embarrassed the company that they are with.

The information centered around being a woman by appearance. The clothes do not make the woman but by fitting the guidelines which the speaker put forth, women can start to become ladies or improve in certain areas.

It was said as well that a true lady is seen and not heard. A lady doesn't have to make her presence known by being loud or shouting. Doing so is "unladylike." And makeup shouldn't be so dramatic. A lady's makeup should be like her clothing. Presentable and tasteful, because "you're just going to class," as Rhodes repeatedly drilled throughout the entire program.

Following the presentation was a brief question and answer segment, with Rhodes explaining her views on what a gentleman should be.

"I think it was a success even though the turnout was small in number. I was able to get the point across because it was an intimate setting," said Rhodes.

Toward the end of the presentation during the question and answer session, the male majority that made up the audience

asked male oriented questions.

Harris Brown, an architecture graduate student, said, "I think it was a good seminar even though there weren't a lot of women in attendance. The women who needed to be there were not there."

Many people, with the hope that more women will attend and learn priceless information, eagerly await part two in the seminar series. Part two will be held on Wednesday, Nov. 11.

Casual Fashion Guide

Casual fashion should be worn with grace and elegance. When you choose your casual fashion, try to keep it simple yet classy in nature

Choose your basic fashion trends according to your personality and comfort. The way you chose your clothes is a direct impact on your personality.

In casual fashion trends, try to keep your jewelry simple and least.

Try to select a jeans based on your comfort and fit. Color is very important. Darker washes slim the body and lighter colors make you look wider.

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Abusing the facts

By D'Ann Dickson
Panther Staff

Students reflected on their experiences with drugs and alcohol but after attending the event, it was clear that no one can be over-educated. This event was very important for more than half the population of students since most students currently drink or have consumed alcohol and/or drugs before.

Many believed they were well aware of the effects of alcohol but after attending the event, it was clear that no one can be over-educated. This event was very important for more than half the population of students since most students currently drink or have consumed alcohol and/or drugs before.

The event's speaker was Mikiba Morehead, a representative of the Office of the Dean of Student Life from Texas A&M University.

To learn more about the effects of drugs and alcohol, contact the office of special programs or visit <http://studentlife.tamu.edu/adep>.

Deltas rally against breast cancer

By Nastashia Matlock
Panther Staff

The Eta Beta Chapter of Delta Sigma Theta Sorority, Inc. and the Prairie View A&M University's Collegiate Cancer Council hosted a seminar Tuesday Oct. 27, titled "Breast Cancer: Reducing Your Risks" in the Marvin D. and June Samuel Brailsford building room, A103.

"I felt that this was an important topic to discuss because cancer is real and it can happen to anyone," said Terri Mason, a member of Delta Sigma Theta Sorority, Inc. "It's important to know our bodies and take care of ourselves."

"We think because we're young we can't be affected," stated Mason.

Guest speaker Dr. Loren L. Rourke, assistant professor, depart-

Slay speaks on value of education from Pantherland

By Scheane Brown
Panther Staff

Speaker Lindsey Slay, 2006-2007 Miss. Prairie View A&M University, teamed up with host 2009-2010 Miss PVAMU, Chelsea Hill to educate students about school pride, organizational involvement and her experience at an HBCU on Oct. 29.

Slay, who served a three year stint with PALS, won and fulfilled her duties as Miss PVAMU and received a master's degree in architecture in 2007, she decided to come back to her alma mater and speak to the current students about what it means to be an alumnus or alumna of Prairie View.

"I ran for Miss PV because I felt like it was the one thing I could do to give back to my school," said Slay. "Becoming Miss PV was probably the best thing ever because you

get to know, connect, and help so many people just because you win a pageant. I don't know if I can thank PV enough for the title and experience it has given me."

She spoke of how Nathe-lyne Archie Kennedy was one of her favorite alumni and Opal Johnson-Smith was one of the greatest Miss PVAMUs in her opinion.

She spoke of how Prairie View taught her to network and forced her to learn about her heritage. Hill also had words for those who have negative things to say about Prairie View due to the recent happenings on campus.

"In any situation you cannot point the finger at one person; a group of students at PV did it, not PV," Slay said. "We have never beaten the teams we have beaten this year. And when it comes to the other events we keep family business in the family, but when it gets

out we should unite against the negative."

Slay compared meeting another Prairie View alumna in the real world to being a member in a secret society where only you and the other person know of the experiences and love that goes along with being a student at PV.

Slay also motivated students to get involved and give back to the school which has given so much. She ended her seminar with some inspiration about the past, present and future.

"Prairie View has taught me you are who you are, period," Slay expounded. "You are black regardless and black is beautiful. A few short years ago we were slaves and now we are running the free world. Black is power."

Hill gave advice about organizations and keeping that love for Prairie View.

Kappas host blood drive

By Shayna Walker
LH/AE Editor

Wednesday, Nov. 3, was the first of the two-day community blood drive, held by Kappa Alpha Psi Fraternity, Inc. in front of the Willie A. Tempton Sr. Memorial Student Center.

The possibility of saving three lives per donation was the theme used to encourage the campus to give blood.

Individuals with sickle cell anemia, cancer, or even premature babies are possibly recipients of the donated blood.

Junior nursing major Meia Jones of the Prairie View Student Nursing Association said, "The Blood Center is allowing us to give students community service for donating blood."

"Before giving blood there is a checklist of requirements that

donors must meet including a high iron level. You must also drink lots of water and eat dry cereal," said Jones.

Some reasons a donor may not be able to give blood are low hemoglobin, high blood pressure, and use of some medications may cause deferral.

The Blood Center's Commit for Life promotion will continue through the month of November, giving members who donate or attempt to donate a chance to win one of four pairs of Continental Airlines tickets.

Many patients, including the ones of rare blood types, require specifically matched blood samples, which is the standard procedure practiced among donors of the same ethnicity.

The two Commit for Life members who donate or attempt to in those months will be selected to each win a pair of tickets to visit international destinations.

Remembering Wade

By Whitney Harris
Editor in Chief

In an effort to re-unify the students of Prairie View A&M University, the National Pan-Hellenic Council is hosting a walk Thursday in memory of fallen Panther, Donnie Wade.

Members of the council, as well as Student Government Association and Campus Activities Board, feel it is time for the students to join together during this sudden loss.

"We want to host this walk to help send a message to the student body," said council president and member of Phi Beta Sigma Fraternity, Inc, Jesse Sneed. "The Pan felt like we needed to step up and do something positive."

Students and faculty will meet at 6:30 p.m. at the flag poles located at the entrance of campus and walk to the fountain.

ment of surgical oncology at the University of Texas MD Anderson Cancer Center, conducted a PowerPoint presentation discussing statistics among younger women versus older women, how cancer affects African American women and other races, symptoms, detections, early treatments, occurrences in men, etc.

"Breast cancer is the most common cancer in women," said Rourke. "I encourage you all to encourage women and men about self breast awareness, risk reduction, and early detection."

Some symptoms of breast cancer include a lump in the breast, change in appearance of the breast, dimpling of the breast skin, changes in the nipple or unusual nipple discharge, thickening in the breast, scaly skin changes, skin redness, warmth, or swelling.

"Let's catch this early," was a phrase Rourke continuously emphasized.

Drugs and alcohol program does talk show



By Ronald Smith, The Panther

Choppin it up: (left to right) Shandon Neal, Donnie Howard, Sheleah Hughes, and Darryl Williams attempt to educate students on the effects of using drugs and alcohol during the talk show.

By Sean Ealum
Panther Intern

The Office of Special Programs and Cultural Series held a drug and alcohol program to educate students about the effects of drug and alcohol use Oct. 27, in the E.E. O'Banion building.

The program was set up as a talk show with Jasmine Berry as the host and four panelists.

The panelists were Donnie Howard, Shandon Neal, Darryl Williams and Sheleah Hughes.

There were a number of topics discussed during the program such as experiences with substance abuse, peer pressure, and drinking experiences at college.

Neal said, "Students here tend to be a tad less independent. The drug and alcohol experience in my opinion has decreased. Things have changed since I was a freshman."

The effects of alcohol can also interfere with education according to Darryl Williams.

Williams said, "When alcohol starts interfering with your school work, then it is a problem."

The students in the audience were very attentive as the panelists talked briefly about the experiences they've had with drugs or alcohol.

Howard talked to students about his experience with smoking weed.

Howard said, "I've tried smoking weed as a teenager, and it is something I've never tried again."

Howard along with Williams saw firsthand how drugs affect the community as well.

Howard said, "I was 16 or 17 when I saw guys in the neighborhood who were drug dealers with the fancy cars and clothes."

Williams followed saying, "I saw the jewelry, cars, clothes and

women, but they never told me about the consequences."

The program allowed students to ask the panelists questions about not only their experiences, but advice they have for those currently using them.

Hughes said, "My advice is today is the day. You have to find someone being positive, try to be like them and turn it around."

Williams said, "If you're drinking and smoking thinking it's going to get better, well it is only going to get worse."

Many students felt the program was helpful and informative.

Junior nursing major Latrice Daniels said, "The panelists gave good advice to young students who might be experiencing peer pressure to use alcohol or drugs. Hopefully their experiences made someone re-think about their decision to use them."

PV DPS Blotter

Prairie View A&M University
DEPARTMENT OF PUBLIC SAFETY
Police Blotter

Information obtained in this report has been reported to dispatch and officers responded to these calls.

Week of Sunday Oct. 25, 2009 to Saturday Oct. 31, 2009

Sunday, Oct. 25
 No Calls Reported

Monday, Oct. 26

2:26 p.m., Officer met with a complainant who walked into the police department to report a theft at the bookstore on campus. Report Taken.

4:00 p.m., Officer met with a complainant at the police department to report a theft. Report Taken.

Tuesday, Oct. 27

2:16 p.m. officer met with a student at the police department to report a possible criminal mischief at his residence. Report Taken.

Wednesday, Oct. 28

2:05 p.m., Officer met with a complainant who reported their vehicle burglarized while parked at the Athletic Complex. Report taken.

Thursday, Oct. 29

11:18 a.m., Officer was dispatched to The New Science Building on a medical call Room 315. Subject refused transport or further medical attention.

1:10 p.m., Officer was dispatched to University College Building 44 on a medical call. Subject was transported to North Cypress Hospital by EMS.

3:47 p.m., Officers responded to a medical call at Evans Hall Room 210. Subject refused further medical attention.

5:44 p.m., Officer met with a complainant at the police department in reference to harassing phone calls at University College. No charges filed at this time. Information Report completed.

Friday, Oct. 30

4:25 p.m., Officers responded to a medical call at University Village Apartments #1625. Subject refused medical attention on scene and went to hospital via personal vehicle.

11:00 p.m., Officers responded to a caller who reported an intoxicated individual at the Phase II club house with a possible weapon. Subject was taken into custody and arrested for Public Intoxication.

Saturday, Oct. 31

No calls dispatched on this date.

Come work with
the Panther

Weekly meetings on Monday, 5pm
in the Panther office
(2nd floor MSC)

NEW ORLEANS SHAVED ICE
905 AUSTIN STREET
HEMPSTEAD, TEXAS 77445
(INSIDE THE HEMPSTEAD AUTOMOTIVE BUILDING)
HOURS - 10:00 AM TO 5:00 PM
MONDAY - FRIDAY
TWENTY YUMMY FLAVORS OF SNOW CONES

NEW
TOWNHOMES FOR RENT
2 BEDROOMS
2 1/2 BATHS
5 MINUTES FROM PVAMU CAMPUS
Granite Countertops
Tile Floors
W/D, Refrigerator
Stove, Microwave
\$1200.00 Month
210 Clark Street
Pearl Beginnings Apartments
979-921-9530

Morehouse dress code contains surprises

By Ashlei Williams
Black College Wire

In early October, Morehouse College administration enacted its new "Appropriate Attire Policy." Based on President Franklin's conceptualization on the Renaissance Man, specifically his expectation of the "well-dressed" man of Morehouse, the policy sets a campus-wide standard for students' attire.

The policy outlines 11 expectations pertaining to what students should not wear while on campus. Instead of requiring certain articles of clothing, as a typical dress code would, the policy details those articles of clothing deemed unacceptable for students. They include "sagging" pants, women's clothing and headwear.

The policy will be distributed to students electronically through Tigernet and the school Web site. The policy will also be outlined in the student handbook and discussed in Crown Forums for students.

While some students dis-

agree with the policy, others agree with the purpose behind it.

"I would say that about 95 percent of the students on this campus feel that appearance matters to them," said Dr. William Bynum, vice president of the Office of Student Services. "We are not trying to isolate anyone who falls under a category, you can just look at it like it's one out of eleven things being addressed."

Bynum explained that students began voicing concerns to administration about attire on campus this semester.

In turn administration partnered with the SGA to work with the student body on an attire policy. Some students feel that the anticipated policy lacks proper planning and investigation.

Safe Space, a gay/straight alliance student campus organization, has been vocal about the issue.

Co-president Michael Edwards said, "Creating this policy was easy and quick. But the energy and effort put into something determines the greater result."

Some students feel that the

policy will not cater to the modern man of Morehouse.

Sophomore Morehouse student Michael Leonard said, "I understand that the dress code may represent the great leaders of our community from our past who helped change our world through conforming and appearing mainstream with a suit and tie. But let's not forget about the Spike Lees of Morehouse, who are continuing to make great strides through unconventional methods."

Many students question exactly what it means for the Morehouse Man to be "well-dressed." Does he wear the suit and tie? Does he wear the high-end designer fashions? Or is he of moderate dress, simple and refined?

"The perception of the 'well-dressed' man may not be shared by everyone who attends the college," Leonard explained, "Students should take this pillar, do the necessary work, and apply it to their lives as they see fit."

Edwards said, "The concept of being well-dressed is a concept of interpretation."

Jackson state band has less "boom"

By Tiffany Edmondson
Black College Wire

More than 40 members of Jackson State University's 280-member marching band, "The Sonic Boom of the South," have been suspended and may face criminal charges amid allegations of hazing.

In addition to the hazing charges and failure to comply with university rules and regulations, the students also may be charged with assault and battery and moral turpitude.

Hazing allegations came to light Friday just before the football season's first home opener against Grambling State University.

According to JSU Associate Vice President for student life Marcus Chanay, the hazing accusations stem from a student suffering a fractured shoulder during an off-campus event.

Chanay said, "On Friday, Sept. 18, 2009, the division of Student Life was contacted by a parent who reported that her son was hazed off-campus by upperclassmen band members out of the percussion sec-

tion." Chanay continued, "She indicated to us that her son had been hospitalized for a fractured shoulder."

The JSU Department of Public Safety launched an investigation which determined that charges would be filed.

The Jackson Police Department is also investigating the incident that occurred off-campus.

Chanay added, "There were approximately 22 students hazed. There are no charges pending against the entire band. We will continue educating the entire band on hazing."

Some band members were not allowed to perform during Saturday's halftime show. Any allegations of hazing would be investigated and handled by Judicial Services, which falls under the Division of Student Life.

According to the JSU Student Handbook, University Policies and Procedures Relating to Student Conduct: "Participation in hazing subjects the individual or organization to University disciplinary action and may be punishable by law."

START MOVING AHEAD.

START OPENING MORE DOORS.

START TAKING THE LEAD.

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START BUILDING YOUR FUTURE.

START ACCOMPLISHING MORE.

START SEEING HOW FAR YOU CAN GO.

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Health & Financial Fair

"Working toward a Stress Free & Financially Manageable Holiday"

November 10th, 2009

9:30 a.m. - 2:30 p.m.

Memorial Student Center Ballroom

All Faculty, Staff and Students are welcome

Whitney Harris	Jacqueline S. Sadberry	Aaron Jacobs	Ryan Rudd	Lionel Mosby Jr.	Shayna Walker	Ronald Smith	Robert Jordan III	Sonceri Jones
Editor-in-Chief	Managing Editor	Business Manager	News Editor	Sports Editor	L&H/A&E Editor	Photo Editor	Media Editor	Distribution Manager

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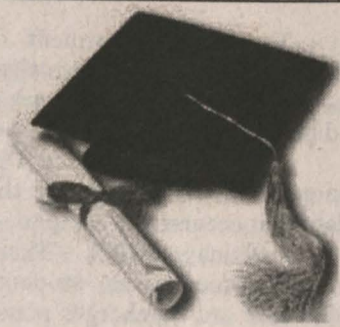
Career Guides

Top 25 Careers to Pursue in a Recession



picture courtesy of google

Academic Calendar Events



- 11/05
Entertainment
Business and Sports
Management Career Fair
Memorial Student Center
Ballroom Rm. 204 &
Auditorium Rm. 111
- 11/06
Application for
Graduation Deadline for Spring
2010
- 11/09
Withdrawal from Course(s) with
academic record (W) Ends
- 11/17
Priority Registration Begins for
Spring 2010 Semester
- 11/26
Thanksgiving
Holiday (University Closed)
- 12/07-12/08
Course Review Day [Classes must
convene and instructors will pre-
pare students for Final Exams]
- 12/09-12/10
Study Days for Exams
- 12/11-12/16
Final Examination Period
- 12/16
Final Grades Due for Graduation
Candidates
- 12/19
Commencement

STUDYING TIPS:

Improving Concentration

Study in a quiet place that is free from distractions and interruptions. Try to create a space designated solely for studying.

Make a study schedule that shows what tasks you need to accomplish and when you plan to accomplish each task. This will provide you with the structure you need for effective studying.

Try to study at the time of day you work best. Some people work well early in the morning, others late at night. You know what works best for you.

Make sure you are not tired and/or hungry when you study. Otherwise, you won't have the energy you need to concentrate. Also, maintain your physical fitness.

Don't try to do two tasks at the same time. You won't be able to concentrate on either one very well. Break large tasks into a series of smaller tasks that you can complete one at a time.

Relax. It's hard to concentrate when you're tense. It's important to relax when working on a task that requires concentration. Meditation is helpful to many students.

Clear your mind of worrisome thoughts. Mental poise is important for concentration. You can get distracted by your own thoughts.

Don't daydream. Develop an interest in what you are studying. Try to relate what you are studying to your own life to make it as meaningful as possible.

Take breaks whenever you feel fatigued. There is no set formula for when to take breaks. You will know when you need to take a break.

Contributed by HowtoStudy.com

1) Health Care: People will always get sick — sometimes even more so when they don't have the insurance or money to take preventative measures or eat healthy food.

2) Energy: Although consumers are likely to cut back, they're not going to stop using energy. In fact, this industry may grow, as companies look for more efficient ways to deliver using less energy.

3) Education: No matter how dire the economy is, there are always jobs for teachers. K

4) Utilities: Just like the energy sector, it's safe to assume that people are not going to stop lighting their homes. So utility administration, maintenance and other related jobs should remain intact.

5) International Business: Even when the economy is doing poorly in the U.S., other countries may be doing well. S

6) Public Safety: Police layoffs are very rare, especially at a time where public safety is threatened by desperate criminals. A career in public safety is almost guaranteed to be secure.

7) Funerals: Just like people won't stop getting sick, they'll continue to die as well, so as morbid as it is, morticians will always have customers.

8) Accounting: Death and taxes are a sure thing. In a recession, people and companies are likely to get desperate for more deductions and a hard look at their books.

9) Federal Government: Most federal-government jobs

end only when workers retire. 10) Pharmaceuticals: As long as doctors prescribe them, people are still going to take drugs.

11) Sales: As a general rule, anyone who is a source of income for a company will be safe, so salespeople — especially in recession-proof industries — have little to worry about.

12) Military: The military is always hiring, especially during wartime. Also, consider that most of your living expenses are covered, so cost-of-living expenses are not really a concern.

13) Gambling: When times get tough, people seek an outlet. One of those outlets is gambling, especially because it offers a chance to turn financial troubles around.

14) Alcohol: Alcohol is another outlet for troubled times, so distributors and manufacturers in this industry will continue to thrive.

15) Politics: Even in a recession, public officials are still around earning tidy sums, which are often tied to the cost of living.

16) Skilled Services: Hair will always grow, and drains will always clog, so you can expect steady work in skilled services like plumbing and hairstyling.

17) Debt Management: Recessions mean crunch time for debtors, and they're sure to need some guidance. 18) Consulting: Recessions are crunch times for companies as well, and they're likely to bring in consultants for advice on efficiency and squeezing the

most out of their resources. 19) Bankruptcy Law: It's sad, but true. As companies and individuals go bankrupt, they'll need a lawyer to help them work through it all.

20) Government Contracting: Despite money troubles, roads must be maintained and schools must be built. Contract your work out for government functions for job security.

21) Food: People need food to survive, and it's not likely that anyone is going to just stop eating — no matter how bad the economy gets.

22) Beauty, Health and Erotic Services: Regardless of a recession, people who enjoy being pampered will seldom give up the simple pleasures in life.

23) Debt Collection: As budgets get squeezed, people will fall behind on payments, and companies will look to debt collectors to recoup their costs.

24) Ultra luxury Items: If you're in a business that caters to the ultra rich, you can expect to be safe, as this type of consumer is likely to have measures in place to weather the recession.

25) Multifaceted Careers: If you don't put all of your eggs in one basket, you should be able to ride out a recession by relying on secondary income. So if you juggle a career that involves a regular job, plus other sources like online income, freelancing and investing,

Contributed By HR World Editors

College Spotlight

College of Business Departments

Bachelor of Business Administration (BBA):

- Accounting
- Finance
- Management Information
Systems
- Management
- Marketing

Certificate of Entrepreneurship

Master of Business Administration (MBA)

Master of Science in Accounting (MSA)

College of Business provides a high quality, comprehensive business education to a diverse student population. Encouraging an integrated approach to instruction, the College helps students to understand the relationships among the functional business areas.

Certification in Entrepreneurship

Non-business majors now have an opportunity to learn the basic principles of business operations and new venture development as undergraduates. Students may enroll in just three classes to gain critical skills in the areas of business that will give them a distinct advantage over the rest of the competition.

Small Business Development Center

Since 2004, the Prairie View A&M University Small Business Development Center (SBDC) has provided free counseling and assistance to businesses in Waller and Grimes counties. Whether you're just starting your business, experiencing your first growing pains, or ready to move your business to the next level - visit the PVAMU SBDC before you do anything else.

The Agriculture program prepares the graduate to perform as an entry level professional in a broad range of areas including food, agricultural, and natural resource marketing, production, distribution and processing. The degree program is designed to provide a generalists emphasis that serves as the foundation for diverse careers and as a springboard for advanced study in agriculture and natural resource sciences and related fields.

Cooperative Extension

The triad of teaching, research and service is unique to the College of Agriculture and Human Sciences, which includes the Cooperative Extension Program, the primary outreach educational unit for Prairie View A&M University.

The Cooperative Extension Program is second to none in providing educational, research based information to families, youth, farm producers and communities in 24 Texas counties to help improve their quality of life.

College of Agriculture & Human Science

Departments

Agriculture, Nutrition, & Human Ecology

Dietetic Internship Program

Cooperative Agriculture Research Center

Cooperative Extension Program

Roy G. Perry College of Engineering

Departments

Chemical Engineering

Bachelor of Science in Chemical
Engineering (B.S.Ch.E.)

Bachelor of Science in Chemical
Engineering (B.S.Ch.E.) with a
concentration in bioengineering

Master of Science in Engineering
(M.S.ENGR.) with a concentra-
tion in chemical engineering

Civil Engineering

Bachelor of Science in Civil Engi-
neering (B.S.C.E.)

Master of Science in Engineering
(M.S.ENGR.) with a concentra-
tion in civil engineering

Master of Science in Engineering
(M.S.ENGR.) with a concentration
in environmental engineering

Computer Science

Bachelor of Science in Computer
Science (B.S.)

Master of Science in Computer Sci-
ence (M.S.)

Master of Science in
Computer Information System
(M.S.)

Electrical and Computer Engineering

Bachelor of Science in Electrical
Engineering (B.S.E.E.)

Bachelor of Science in
Computer Engineering (B.S.)
Master of Science in Electrical En-

gineering (M.S.)
Doctor of Philosophy in Electrical
Engineering (Ph.D.)

Engineering Technology
Bachelor of Science in Computer
Engineering Technology (B.S.CET.)

Bachelor of Science in Electrical
Engineering Technology (B.S.EET.)

Bachelor of Science in Indus-
trial Technology (Computer-Aided
Drafting and Design) (B.S.I.T.)

Mechanical Engineering
Bachelor of Science in Mechanical
Engineering (B.S.M.E.)
Master of Science in Engineering
(M.S. Engr.) with a concentration in
mechanical engineering

Prairie View's Roy G. Perry College of Engineering offers a total of nine bachelor's degrees, four master's and one doctorate. Our master of science in engineering degree program provides the option for concentrated study in either chemical, civil, environmental or mechanical engineering.

Prairie View students majoring in another program have the unique option of taking courses in one of five engineering disciplines for a minor field. These include minors in general, chemical, civil, electrical or mechanical engineering. Including an engineering minor in an academic curriculum helps students expand their career options and increase salary potential.

Most of our engineering graduate students secure research scholarships and work on projects funded by industry and governmental agencies. This not only helps them pay for their education, but enables them to learn modern skills in their chosen fields. When it comes to finding jobs, their research experience gives them an edge over their counterparts at other institutions.

For prospective students looking to establish a strong, hands-on educational foundation, they need to look no further than Prairie View's Roy G. Perry College of Engineering.

UH...REALLY? Can a Christian carry a demon?



Lately, I have been avoiding writing an editorial for *The Panther* because I wanted to steer from the controversial stereotype I have been branded with, but due to recent events, I feel as though I must voice my opinion.

Now as a member of the staff, I am strongly saying that it is not right, nor fair to be so judgmental of us and what we do. Any educated person would know that the responsibility of the media is to cover events and occurrences that take place, regardless of how they make you feel or look. We are no different, and just because we are your peers does not mean you should expect less.

That being said, we have the same freedom of speech, expression and press as any other publication you may read. If you disagree with what we print, write a letter to the editor or even a viewpoint. We accept all responses from those bold enough to say what they feel because as Americans they share that same right. But those people who like to negatively comment on our creative expression via Facebook, that, to me, is cowardly.

To say things like "we are rejects and ignorant" to me is too funny. The tragedy, however, is that this is alumni saying this of students at their very own alma mater. So judgmental are those who were recently in the same situation. But FYI, all of us are leaders on campus outside of the paper and we have each had the opportunity to fully experience our time here at PVAMU, whether through traveling, internships, etc. We have truly left our mark. As far as ignorant, Webster's dictionary defines that as the lack of knowledge, education or intelligence. Looking at my staff, I do believe we are far from that; those choosing to comment on our pictures, however, do seem to be lacking some knowledge.

Recently, there has been a lot of turmoil surrounding some hazing allegations that have been made. As a staff, we felt that it was a responsibility to encourage students not to haze and participate in any illegal activities in an effort to join any organization. Alongside our informative story, that by the way was not included with the illegally stolen picture from our Web site, we chose to have a picture showing one of the most common forms of hazing. Our point? STOP HAZING!

Regardless of the negative stabs at the staff, I will admit that honestly, I do love that we have grabbed this much attention from the student body and young alumni. I am glad that you are reading our work. I'm happy that you took time out to save our picture and comment on it because at least I know we are on your minds. We've done our job.

Whitney Harris
Editor in Chief

What is a demon? The word doesn't ever appear in the Bible, but thanks to TV, music, and movies most of us recognize the word to mean what the Bible calls a devil. The name 'Devil' derives from the Greek word diabolos, which means slanderer or accuser. A demon or devil is, simply put, a fallen angel, which is in league with the Devil otherwise known as Lucifer. They all fell with him in the beginning and have roamed the earth ever since.

These demons are also known as familiar spirits in the Old Testament. In the Bible, familiar spirits were used by people to gain powers that they normally would not have.

Wizards, necromancers, psychics, and seers of the future were all hosts for demons that aided them. And those same spirits roam the earth now seeking to inhabit people and ultimately possess their mind, body, and spirit.

As Christians we have our souls sealed eternally by the Holy Spirit until the day of redemption (Eph 4:30). So we cannot be possessed completely because our spirits have an owner already. But what about our minds and bodies? Can a Christian carry a demon in their mind?

Paul himself said in Romans 7:17-19, "Now then it is no

more I that do it, but sin that dwelleth in me. For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. For the good that I would I do not: but the evil, which I would not, that I do." We are in the world every day surrounded by sin on all sides. In Paul's own life he had thoughts in his head and desires that kept him from doing what his transformed spirit wanted him to.

If in fact Christians couldn't carry any demons, then why do we have the same impure thoughts and do the sins that we do over and over again? We could possibly be carrying

demons that drive those desires through our flesh. Whenever we heed to evil and sin or doubt, and not fulfill our duties as believers, we give place to the Devil.

There was a reason why Jesus said that all good trees must bear good fruit, and if they do not then they are going to be hewn down and cast into the fire. That fire is Hell! If our souls are changed and saved but our minds and flesh never give up the deeds of sin, then we will not be saved anymore. We should deliver ourselves from the filthiness of the flesh.

Aaron Jacobs

"But what about our minds and bodies? Can a Christian carry a demon in their mind?"

Please, stop being ignorant

Finally reaching my senior year of my undergraduate collegiate experience here at PVAMU, I am distraught on how to feel about the people who currently and formerly embodied this university.

We get so upset on how we are treated among other universities yet we cannot seem to realize the problems that we bring upon ourselves. It's like I'm constantly walking around thinking 'are you serious?' because these people have really gotten out of control.

Lately I've noticed too often the ignorance that happens daily at this institution.

Recently, a student talking to one of our professors told the teacher, who has a doctorate degree I might add, that she (the professor) does not know the material and that she is foolish for not giving the class a rubric for the midterm exam. The student also added that the professor is "wrong" for taking points off of her paper because it was unorganized. She said that she was never told your work had to be in order... uh really? Come on now, children, if we want to be adults and be taken seriously, let's act accordingly. We have to stop finding someone to blame all of the time because we are secretly unhappy with ourselves.

Then there is the madness surrounding the recent hazing allegations. These "future leaders" were flocking to the media to express what they believed they knew to be fact about the situation. What's humorous to me is that none of these

people were there. Why embarrass yourself, your family, and your university with the ignorance?

Along with all of that, students are greatly struggling with how to act, dress, and just all around carry themselves in public. Can we do better?

We "say" that we're in college so that we can have a career, make money, network, meet life long friends, find ourselves, whatever, yet while we are here we forget that with every conclusion there is a process. We, as students, are failing during the process.

I'm all around disappointed in this entire semester because for the first time I am truly embarrassed and irritated.

My future alma mater is going down at a rate too fast for any of us to do anything about and it really is a tragedy. Prairie View is a fine institution. We have some of the best professors, some of the kindest staff, and some of the most genuine people here, but there are always those few bad apples who ruin the entire bunch. Unfortunately, the bad apples are working overtime to poison the rest of us and it's working.

Our pride is gone, our common courtesy dismissed and it is really just a sad feeling witnessing some of the things that happen daily around campus.

All I'm asking is that we all work to be better, want better, and do better, that is all.

Whitney Harris

PURPLE & GOLD POLL

What do you think about the suspension of Greek intake? Do you think it will have an effect on the "college" experience?



"I feel it's a wake up call to all those doing wrong in the organizations but to those who have worked hard for it, I think it's messed up. It's going to affect our college experience a lot because PV won't be as crunk without them."

Celebrete' Johnson
Freshman
Nursing



"I think that it's kind of messed up for the freshmen and transfer students who don't know how Greeks are around campus, but there is a very serious and valid reason why they are suspended and when it comes down to it, hazing needs to stop."

Sharelle Jackson
Junior
Nursing



"I believe the suspension of Greek intake is truly unfortunate. I believe the college experience will be affected but in no way should it detrimentally affect anyone's collegiate experience. The purpose of college is to prepare for survival in society."

Bobby J. Smith II
Junior
Agriculture Economics

By Perry Osborne-Johnson, The Panther

Staff Member of the Week



Nastashia Matlock
Senior
Communications

I Love College
By: Robert Jordan III

SGA Speak Out

Greetings Panthers, Hopefully, you all are having a wonderful week! On behalf of SGA, CAB and PAN I would like to extend an invitation to all students, faculty and staff to a candlelight vigilance this Thursday in commemoration of our fellow Panther Donnie Wade, along with other fallen Panthers. As a Prairie View family, we are all deeply affected and hurt by the recent event and we are extending an invitation to all whom have been affected and those who would like to come out and show support.

Many students have been asking about "late night dining" and I am happy to report that there will be late night dining this November. The following are the dates for the month of November: 10, 11, 12, 17, 18, 19 and it will be from 9 p.m. until 11 p.m. I encourage students to take advantage of these hours.

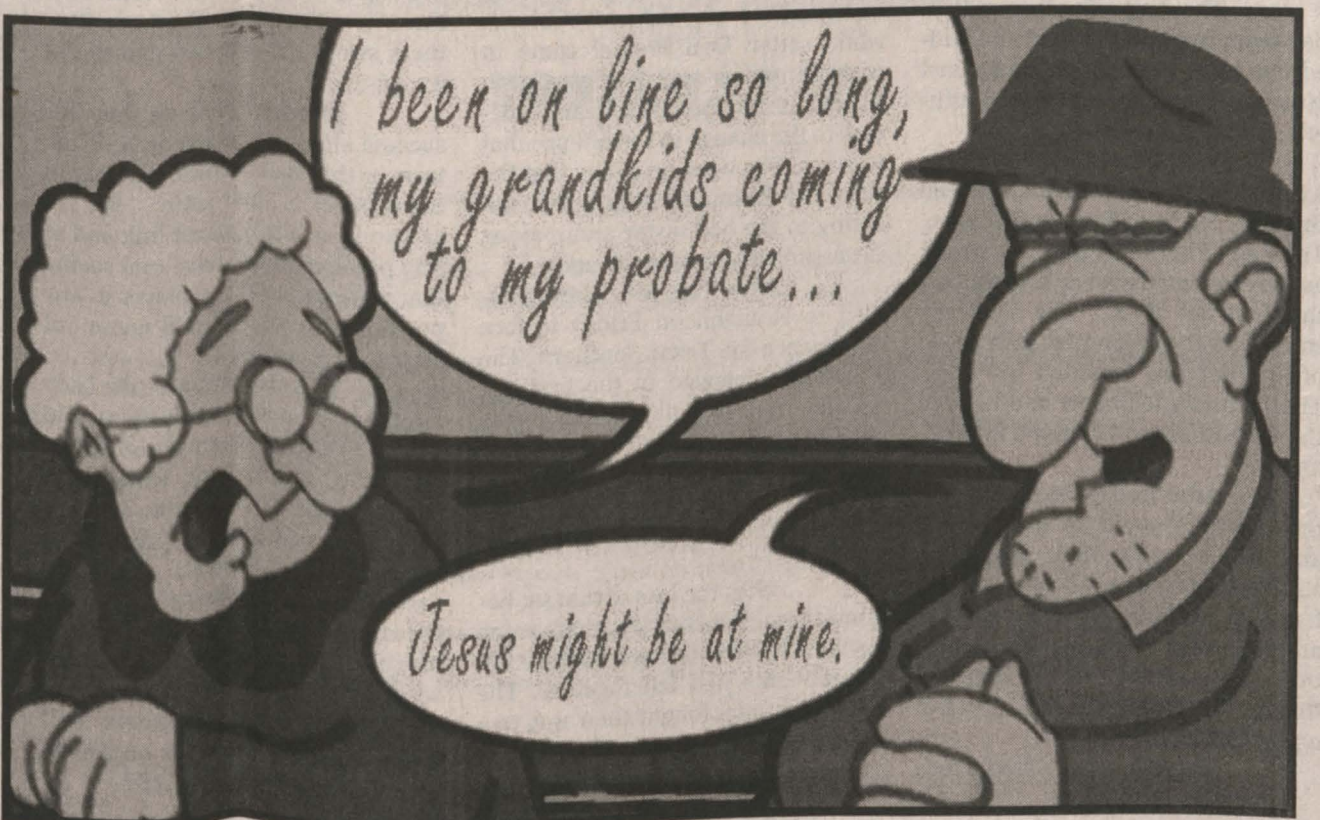
As many of you already know, our football team has been doing well and SGA is currently in

the process of putting together a proposal to attend the SWAC championship in the event our football team qualifies. We will keep you all informed so look out for more information.

SGA would like to thank all of the individuals as well as organizations assisting in our recycling program. We do, however, still need volunteers. If you are in need of community service hours or, if you or your organization would like to participate, please contact Kyle Maroney at tmarone15@yahoo.com or Courtney Neville at csjn06@yahoo.com.

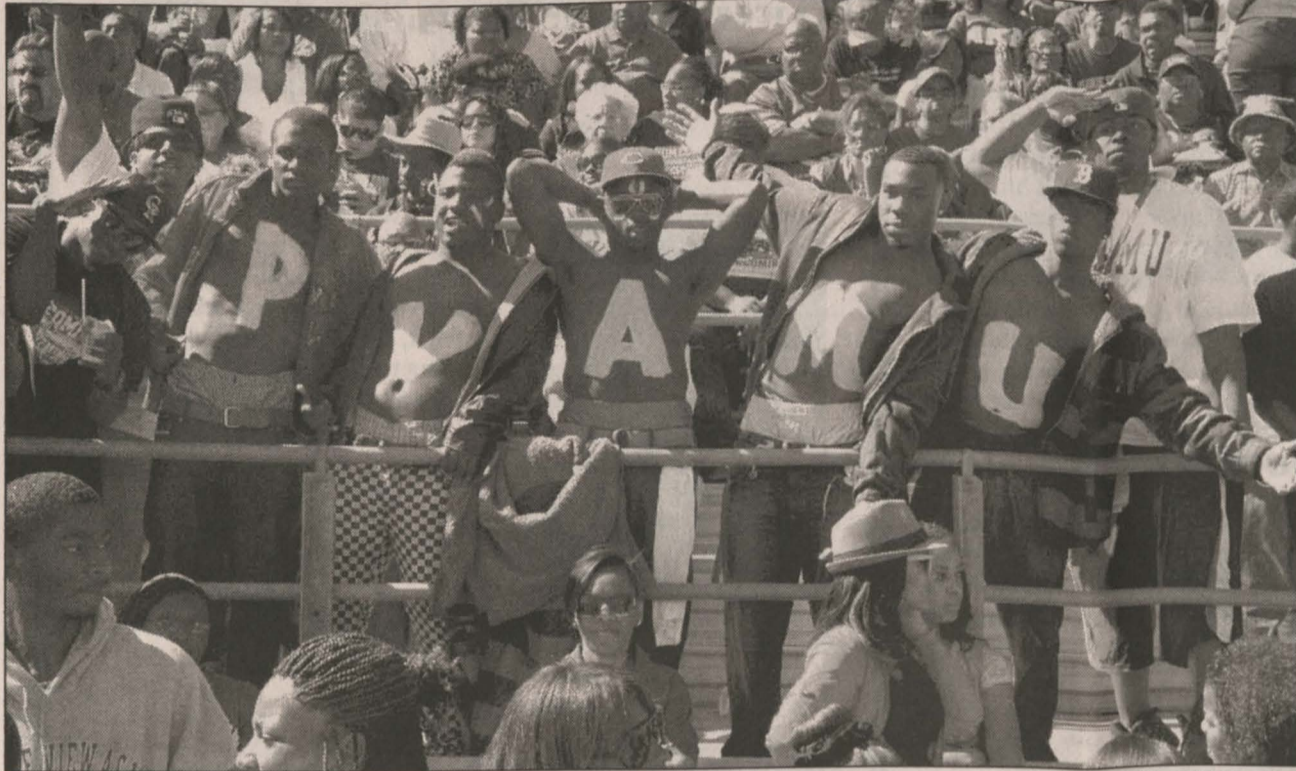
Student Tips of the Week:

This week, make the healthy choice! November is National Diabetes month and I encourage all Panthers to make healthy decisions as it relates to food, exercise, and health. Go for your regular checkups and remember to always respect your body!



Panther pride on the rise

Students debate state of athletic support



By Ronald Smith, The Panther

Pose for the camera: Students show their school spirit by painting their chests during the Panthers 38-0 win over MVSU on homecoming weekend.

By Lionel Mosby Jr.
Sports Editor

After the football team's 35-32 win over Grambling State, the program's first in 21 years, students, alumni, administration, and even outsiders started to recognize the richness of Panther athletics as a whole.

Power programs like the men's cross country, men's track & field, and women's basketball teams have been at the top of the SWAC with multiple championship trophies to display from the current decade.

Other programs like football, volleyball, women's golf and men's and women's tennis have had very competitive, award-winning seasons, while our soccer, men's golf and men's basketball teams have been showing great promise. The question many have been asking is, "Where was the support for athletics before now?"

"I think people hop on the bandwagon," said junior biology major and soccer player Kesha Brown. "If we win they're with us, but if we lose they talk about us."

Junior communications major Brittany Allen shared similar sentiments saying, "I feel like everybody should've been on the bandwagon. Before I started working with the teams, yes, I used to talk about them, but now I see how much time and heart they put into it. Now when they lose, I feel like I lost."

Even though there are individual students who support athletics, many people still believe winning and success in the big game is the only thing that compels students to support them. "I think we are starting to support them more now that they are winning," said senior communications major Courtney Sanders.

"It's sad," said sophomore mechanical engineering major and football player Tyler Bickson.

"It shouldn't have to be that way. People always rate us on if we beat Grambling or not, but we were 9-1 last year. Growing up nobody wanted to go here because of the losing, but if you look at other schools their school pride is going to be up regardless of record." Junior management information systems major Summer Shepard said, "I agree with the athletes because the only games we are worried about are TSU and Grambling. Athletes are going to have bad things they feel, but they can't take it to the head. Now, it is wishy-washy support if there isn't free stuff."

Well, free stuff accompanied with Panther football on ESPNU moved *Sodexo* to hold a viewing of the game against Southern on Thursday, Oct. 22, in the Purple Zone. "They should have done this a long time ago. It really brings the school together," said senior communications major Aaron Broomfield.

"It's a very positive atmo-

sphere in here and since we beat Grambling it's making people more aware of PV," said junior biology major Sharmareka Davis. "I am proud of the football team because they are bringing more alumni and more money to the school. I hope the support is still strong if they start losing, because you should be behind a team whether they are losing or winning. The athletic department should do this for other sports like basketball, too."

In a school-wide effort to increase the awareness of our sporting teams and events, does the athletic department have to be more proactive? Many students point to schools that regularly advertise what is happening with athletics as one main reason for the lack of support here at PV.

"The athletic department needs to support the teams throughout the year," said Shepard. "They need to make banners and have a lot of pep rallies and flyers to get the information out there." Senior animal science major and golf player Aziza Glass said, "I think if people were adequately doing their jobs then everything would be better. We've had people who've come up to us at practice and said that they couldn't find any information about us on the athletic Web site. Every sport is important so you can have more than one sport under one guy. I think the students are very supportive but the fault lies in the athletic department."

After the defensive stand, on the first play from scrimmage for the Panthers, Donald Babers took a screen pass to the house and the crowd inside of the Purple Zone erupted.

"If we are not winning they're not going to go," said senior health major JeLeesa Barnes. "I think that the athletic department is getting as much information out as they can, but the students have to want to come and support regardless." Senior psychology major Shianne Patrick said, "We need as much support as we can get no matter why they come to the games. As

students, we should support all the teams. They don't do well because we don't support them. The football team consistently sucked because we didn't support them."

With the Panthers up 16-14 and the Jaguars driving for what could be a game winning field goal, students sat on the edge of their seats waiting for one more big play from the team. "I'm glad we get to watch the game, because we can't watch it anywhere else on campus," said senior business management major Courtney Evans.

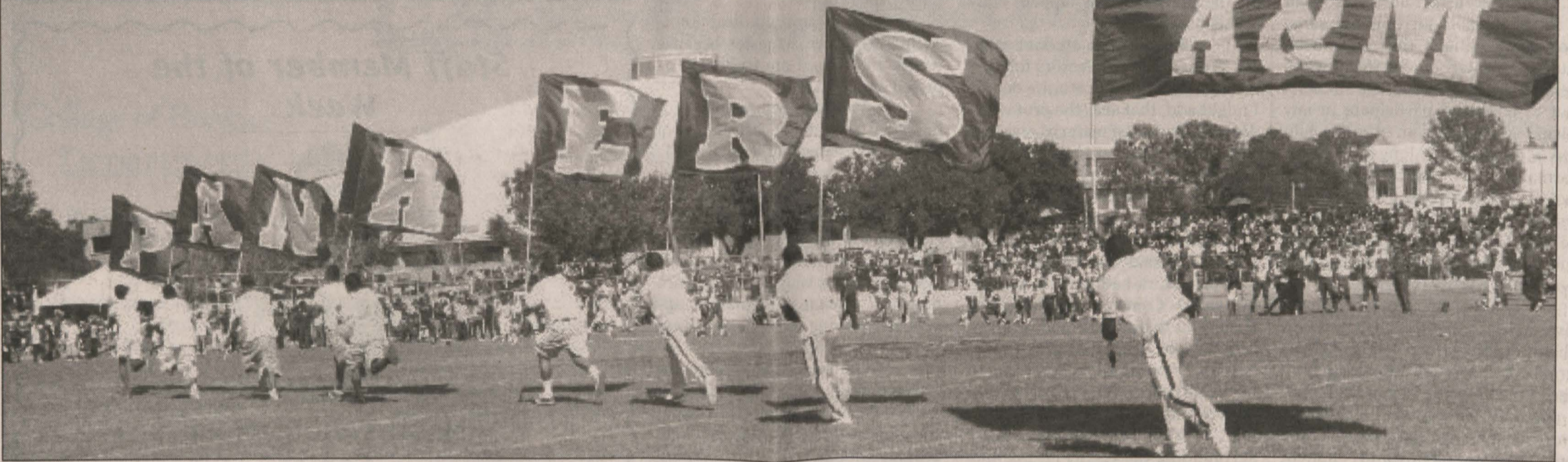
Terrell Moore, a senior biology major, said, "This shows how much the school can care and this shows how much school spirit we have, but it is kind of like jumping on the bandwagon. Word of mouth travels fast, especially when you're winning."

"We need support and loyalty," said junior biology major Mara Franklin. "If we had half the people come out to all the football games as we had on homecoming we would've had a new stadium already. We don't need people who are just for football, baseball, or soccer. We need full-fledged fans overall."

Then, with less than a minute left in the game, Southern fumbled the ball inside the red zone on their way to a game winning score and Prairie View recovered. The students went wild. "It's not a streak or fluke," said Moore.

"Look, once we beat Grambling I knew there was nobody else who could stop us in the SWAC, said senior construction science major Garrison Abner. "We've beat Southern before, but it's not as good as beating Grambling. We've had a legacy of losing to them. The football team has given us some of the only good news this year."

Hopefully this news can run over into the cups of other students and alumni who have yet to jump on the bandwagon of Prairie View athletics. Unfortunately, there is bad news and it is that the wagon is filled with Panther supporters. The good news is, fortunately, there is always room for one more.



By Ronald Smith, The Panther

Always flaggin': Members of the Prairie View A&M University cheerleading and spirit squad display the purple and gold flags during pre-game.

Volleyball team grabs two wins, continues road trip

Soccer heads to the SWAC Tournament

By Jessica Ferguson
Panther Staff

The Lady Panther volleyball team went on the road and added two wins to their record against Huston-Tillotson and Texas Southern on Oct. 27 and Oct. 30.

They first journeyed to Austin on Tuesday where they faced the Lady Rams of Huston-Tillotson. The Lady Panthers came out strong as they executed every play and won the first set 25-21. The Panthers started off the second set with a lead of 3-1, but this wouldn't last long. The Panthers fell short and handed the second set to Huston-Tillotson, 25-22.

After losing the second set, the Panthers made up their minds and decided that they needed to shut the Lady Rams down. The offense and defense all came together and executed every play to perfection. They went on to win both the third and fourth sets with scores of 25-14 and 25-17.

Outside hitter Cheri Lind-

sey and middle blocker Sharonda Marshall led the offense with a combined total of 22 kills. Shaun Williams added six defensive blocks while setter Erin Fondel came in with 35 assists and 11 digs. Coach Alicia Pete attributed the team's success to the change in the offense that was run. She went on to say that the team is "communicating better, reacting to the ball faster and making necessary changes on the court."

After the win, they traveled to Houston on Friday to face conference foe Texas Southern. The Panthers struggled in the first set, as they tried to pull together in the absence of their primary setter, Fondel. Their fight just wasn't enough to overcome the resurgent Lady Tigers of TSU. They dropped the first set 25-22.

With the loss of that set behind them, the Lady Panthers came back with a fire like never before. All components just fell together. The Lady Panthers fought their way to a 25-8 victory in the second set.

This play continued in the

third and fourth sets as Lindsey led the team with 17 kills. The defense was led by libero Jasmine Hale who came in with 16 digs. The Lady Panthers swept the last two games 25-23, 25-20.

Marshall believes that this success showed the strength of the team as they had to come together in the absence of their setter. "We are as strong as our weakest link and at this point we don't have one seeing that you can place any player in any position and we will still come out on top."

This play prepared the Lady Panthers, who are currently second in the SWAC western division, for the SWAC tournament, which is to be held later this month. Lindsey stated that these games "showed us what we're up against." They will first take on Mississippi Valley in the conference tournament. "Valley uses their middle a lot as does TSU, so we have to practice in that area."

The Lady Panthers will next journey to Arkansas on Friday to take on the ladies of UAPB.

By Lionel Mosby Jr.
Sports Editor

The Prairie View A&M soccer team put itself in great position after a win over Southern University on Oct. 30 (1-0), but they fell to Jackson State later on in the road trip, 1-0.

The match in Baton Rouge turned out to be a very tough, hard fought contest as both teams combined for 27 fouls. Goalie Jessica Garcia did her job to keep the win on the mind of the Lady Panthers, snatching five saves in the match.

After a scoreless first half and 38 minutes into the second half, the Lady Panthers finally got on the board off a penalty kick in the 84th minute. There would be no more scores in the afternoon as the ladies would leave Southern with a highly contested 1-0 victory.

In the second matchup of the road trip, Prairie View traveled up to Mississippi to meet the Lady Tigers of Jackson State.

This game also proved to

be very chippy as the Panthers were whistled for a total of 14 fouls. The team also received a total of three yellow cards during the contest. Somewhere in the middle of all the rugged play, Niara Crimiel connected on the only goal of the day for the Jackson State win. "JSU is a strong team, but it got a little messy for us there," said Coach Abe Garcia.

However, the Lady Panthers' win over Southern moved them to 2-2 and placed them third in the SWAC's western division.

The team is now preparing for the SWAC Tournament, which takes place in Itta Bena, Miss. from Nov. 4-6. Their first opponent will be host MVSU, who lost to the Panthers 3-0 earlier in the year.

"We definitely have to stay humble," said Coach Garcia. "They're at home and it's the start of the road to the championship so everybody is pumped. The thing is we can't underestimate any team in the tournament." The game against MVSU will begin promptly at 1 p.m. on Thursday.

SPOTLIGHT OF THE WEEK

Highlighting students who excel in their areas of interest

By **Silvester Robinson**
Panther Staff

Hasifah K. Najjemba is a 22-year-old human nutrition major born in Uganda, raised in Richmond, Texas. This artistic young woman has three main talents: dance, design, and cooking. Najjemba is a very outgoing and down-to-earth person with plans to attend one of the five culinary schools she has been accepted into after graduation.

Najjemba was once a member of the Classic Dance Ensemble, currently the director of "Spiritual Expression," and has danced with numerous dance companies includ-

ing: Checking Spelling, Southwestern Academy, and Cheza Ngoma, (which her father founded and directs.) Najjemba is also a part of the nutrition club and the human science honors club Beta Kappa Chi. Besides her three talents, Najjemba gathers further inspiration from life itself and different cultures, whether it be family friends or a loved one.

Najjemba gets a lot of support from her family and feels that they have helped to build the foundation, by placing her into dance programs as a child, buying her first sewing machine, and the cooking skills she learned as a child.

As a little girl Najjemba sparked the design gene by playing with Barbie dolls, which slowly grew

into a hobby that inspired creative masterpieces of her own. Najjemba has started her own clothing line this year called "Masala," which is used to describe a mixture of spices. Najjemba described herself as "international," because of the different cultures and the ability that one has to inspire another and ultimately create a greater piece of art that people can enjoy and feed off for encouragement. Najjemba put her foot in the door of Prairie View's fashion by participating in the Spring Fest Fashion Show last spring. From this experience she noticed that many of the designs weren't to her liking, so instead of complaining Najjemba decided to transfer her thought and concerns into works of art.



Courtesy of Kush Photography

Wrapping up Red Ribbon Week

By **Dr. Ronald Briggs**
Panther Contributor

Cultural and societal norms influence acceptable standards of substance use. Public laws determine the legal use of substances. The question of whether there is a normal pattern of substance use remains controversial. Substance related disorders are caused by multiple factors, including: genetic vulnerability, environmental stressors, social pressures, individual personality characteristics, and psychiatric problems. However, which of these factors are primary and which are secondary has not been determined in all cases.

What follows are excerpts from the Substance Abuse and Mental Health Administration: Center for Substance Abuse Treatment Booklet:

Alcohol and drug dependence are complex problems. People with these disorders once were thought to have a character defect or moral weakness; some people mistakenly still believe that. However, medical researchers now consider dependence on alcohol or drugs to be a long-term illness, like asthma, hypertension, or diabetes. Most people who drink alcohol drink very little and many people can stop taking drugs without a struggle. However, some people develop a use of alcohol or drugs that is compulsive or dangerous or both.

Substance dependency is an illness that can affect anyone: rich or poor, male or female, employed or unemployed, young or old, and any race or ethnicity. Nobody knows exactly what causes it, but the chance of developing an addiction depends partly on genetics. A person's environment, psychological traits, and stress level also play major roles by contributing to the use and misuse of alcohol or drugs.

Researchers have found that using drugs for a long time changes the brain in crucial, long-lasting ways. It is as if a switch in the brain turned on at some point. This point is different for every person, but when this switch turns on, the person crosses an invisible line and becomes dependent on the

drug. People who start using drugs or alcohol early in life run a greater risk of crossing this line and becoming dependent. These changes in the brain remain long after a person stops using drugs or drinking alcohol.

One of the most important signs of substance addiction or dependence is continued use of drug or alcohol despite experiencing serious negative consequences of heavy drug or alcohol use. Often, a person will blame other people or circumstances for his or her problems instead of realizing that the difficulties result from use of drugs or alcohol. People with this illness really may believe that they drink normally or that "everyone" takes drugs. These false beliefs are call denial, and denial is part of the illness. Other important symptoms of addiction include:

Tolerance - a person will need increasingly larger amounts of alcohol or drugs to get high.

Craving - A person will feel a strong need, desire, or urge to use alcohol or drugs, will use alcohol or drugs despite negative consequences, and will feel anxious and irritable if he or she can't use them. Craving is a primary symptom of addiction.

Loss of Control - a person often will drink more alcohol or take more drugs than he or she meant to, or may use alcohol or drugs at a time or place he or she had not planned. A person also may try to reduce or stop drinking or using drugs many times, but may fail.

Physical dependence or withdrawal symptoms - In some cases when alcohol or drug use is stopped, a person may experience withdrawal symptoms from a physical need for the substance. Withdrawal symptoms differ depending on the drug, but they may include nausea, sweating, shakiness, extreme anxiety, or death. The person may try to relieve these symptoms by taking either more of the same or a similar substance.

A variety of treatment options are available. You may contact counseling services at 936/261-1400 or call 1-800-729-6686, or use the websites specific for drug treatment. People with drug dependency can and do recover. "It works if you work it."

The importance of a resume...

By **D'Ann Dickson**
Panther Staff

If you are a student at Prairie View A&M University, you are in preparation for a career. Everyone wants to attain a career in life, but not many actually know what it takes to get there.

The most important step to earning a career is creating a resume. Not only is it used for employment, it is essential for scholarships, internships, and other positions that require necessary experience.

We've all heard the saying, "Your first impression is a lasting impression." Well, your resume is basically your first impression to an employer before you are considered for an interview. Therefore, it is critical that we all know how to write a good resume and make an outstanding lasting impression.

The first thing to know about creating a resume is to have a clear idea of what you're applying for, how you qualify for the position or scholarship and what you plan to do if you are offered the position or scholarship. There are three Rs in creating a resume: Research, Research and Research. Meaning you must research the company or organization, as well as the position you are seeking to obtain, and yourself and your accom-

plishments.

It is also significant to know exactly what type of resume suits you and its specific format. There are different types of resumes for different types of positions and focuses. For instance, a resume for a scholarship would focus on educational experience. Types of resumes include chronological, functional, teaching and technical. A chronological resume is used if most of your work experience is related to the position you desire to fill. Someone with no work experience wouldn't use this type. Instead they could use a functional resume for those who haven't had much work experience because it concentrates on skills they possess and can be effective if you are changing your career or requesting a promotion. Teaching resumes elaborate on teaching experiences and qualifications related to careers in education and should include hobbies and/or an extracurricular activities section. Technical resumes are most helpful for careers directly related to your major or degree and help to expand on experience and course work related to the objective.

The basic content of a resume consists of your name and contact information, your objective, education, experience,

organizations, community activities, awards, interests and references. The objective of any resume must be simple and to the point. For example: 'A part-time internship related to accounting or marketing.' Your education and experience should be related to your objective and listed in chronological order or in order of importance. Your organizations, community activities, awards and interests are all optional. References should always be listed on a separate sheet and should consist of people who comment honestly and wholly on your personality and work ethic.

Some tips to keep in mind when creating a resume are (1) keep it short, sweet and specific, (2) don't try to be too fancy or 'overdo' your resume, (3) make yourself sound like the most qualified person for the job without being dishonest and (4) after completing your resume, thoroughly check for all types of errors, not just spelling and grammar.

More information on resumes and applying for a position can be found in the Career Services Center on the second floor of the Evans Hall building. It is open Mondays-Fridays from 8 a.m. - 5 p.m. and they will do everything in their power to assist you with your future including personal resume revising and resume writing workshops. They also offer a career planning guide that has a lot of valuable information on careers overall.

Prairie View Students of FOSTER CARE

Were you in Foster Care?

Would you like to meet and support
fellow students just like you?

The Foster Care Alumni student support group
at Prairie View (FCA-PV)
would like to connect with you.

Let us hear from you.

No fees, no membership requirements.
All we need from you is your email address.

If you are interested, contact Ila Schauer at 936-261-5909
or email Vivian Dorsett at vdorsett@pvamu.edu
or ask for Ms Schauer at the UC Advisment Center

SOMETHING FRESH

Look out for upcoming artists Sophia Fresh

By Carlton Lockett
Panther Staff

Sophia Fresh is a sensational new group that brings together three gifted young women united by friendship, a true love for music and a sheer joy in entertainment.

With a wide range of originality, Sophia Fresh is creating their own niche which they have creatively labeled "Hip Rock meets R&B," a southern musical force which harmonizes in sound and vision, that reaches out to a boundless audience.

On Thursday, Aug. 27, the

Houston and Texas City natives Skye, Crystal, and Cole Rose graced downtown Houston's club The Venue for the Heineken Red Star Soul Tour with their presence. DJ Mos gave the crowd the beat before new breakout rising artist WALE came to the stage with a few selections featuring Houston's own Bun B. The concert would not have been remarkably entertaining as it was if the young women hadn't performed with their Executive Producer T. Pain as the closing act. Sophia Fresh's style is full of freshness; these young ladies know how to bring energy to a

crowd. The group is often compared to pop group TLC, but with a little more flavor.

In December the ladies will be releasing their album that is untitled at the moment. The album will feature artists such as Kayne West, Cee-Lo, T. Pain and more. In the meantime, you can catch up with the ladies wherever T. Pain is performing. This may be the first time you have heard of Sophia Fresh, but it most certainly will not be the last. For more updates on Sophia Fresh visit www.sophiafresh.com or keep up with them on twitter.com/sophiafreshness.



Courtesy of Google

SHORT & SWEET

By Jacqueline Sadberry
Managing Editor

Ten years had passed since Angelic's mother was murdered. It was her twelfth birthday. Her mother was lying in a pool of blood, her body pointed in the direction of the back screen door with her hand reaching for escape.

Her father had walked in and saw her shaking and crying. Then simply stepped over her mother's body, packed a suitcase full of her clothes and sent her to live with her grandfather in Indiana.

She had developed a sharp edge and tough skin. Angelic had become a monster, and in those short few years she did some monstrous things.

Someone should've warned Danny James.

"Hey Danny. How you been?"

She ran into Danny at the local grocery store.

"Angelic Montreal! I haven't seen you since..." Danny bowed his head.

"Since my mom's murder." She studied the way his eyes were full of concern and played it up, stepping into his boundary so she didn't make him nervous, but close enough to make him forget his wife.

"I'm so sorry, Angelic. I know they said you went to live with your granddaddy until the trial got sorted out." Danny cleared his throat, "You, um, you go visit your Daddy?"

Angelic cringed, "I don't plan to." Her voice was so cold it made him flinch. She shook it off and gave a pathetic smile, "I mean, it's hard to see him behind the glass."

Danny nodded. She stared hard into his face now, his eye fixated on hers. It was time for her to go in for the kill.

She placed her hand gently on his chest, "Danny, I really need to talk to someone" The tears slid down her china doll face with ease.

"Okay. I'll just make sure and let Jessica know I'll be late."

Later than you think, Angelic thought. The two walked away arm in arm.

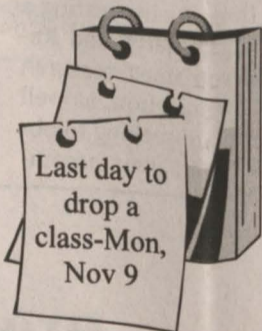
She whispered to herself, "I've got you right where I want you."



The Answers

Weekly Update for Freshmen

ATTENTION!!



You will not be allowed to early register IF:

- 1) you have a 'D', 'F', or 'U' in a Developmental class for midterm;
- 2) You owe money for fees, parking tickets, health center charges, library fines, etc.

Need to Take or Re-take THEA? Check out the following URL: <http://calendars.pvamu.edu/> for information about our Quick THEA testing schedule or call 936-261-3610.

Congratulations to Tony Spears from Building 48! Tony was honored by President Obama for working with Boys and Girls Club. We are all proud of you Tony!

Shout outs to these residents who made 4.0 for midterm: Taylor Thomas & Jasmine Callies Building 39 (PA, Ms Jones & LCC, Ms Gant); Quiuna Johnson-Building 37 (PA, Ms Whiting & LCC, Ms Semien); Ashley Brooks-Building 44 (PA, Ms Gooden & LCC, Ms Hogg); Kendalissa Moss & Scheane Brown-Building 41 (PA, Ms Fulton & LCC, Ms Moss); Building 48 Carlos Tapia & Justin Patterson (PA, Tom Adams & LCC, Justin Mark) more next week

Building 47 held a Movie Night on Halloween Night for their residents. Movies and snacks were courtesy of PA, Ms Johnson and LCC, Ms Watts

Residents of Building 45 were treated to a Pizza Party on Tuesday night sponsored by their PALS!

Open Mic



"The Essence"

By Bristol Mayo
Panther Contributor

BIRTH, is the lethal injection into this world, Where infant boys and girls use there first breath to cry.

And Mothers' sighs harmonize sending melodious suffering up to the skies. One song sings surprise at the innate pain, The other song cries for the hurt that remains.

The songs' interlace is perfectly strange considering the range of age, Imperfect tune we all resume, then on to the big stage.

LIFE, is full of sacrifice for our Heart and Soul's desires. Unfortunately there's no handbook on what these two require.

Desires and Requirements are confused on an eternal basis And we're forced to face this when Evil becomes racist, Wages genocide on Good and attacks are faceless.

The enemy is safest in the places your Life Bases Causing you pain and punishment by the cases.

Revenge is the route. It seems like an oasis, But Life tastes its product and it's tasteless. But taste this!

DEATH. That very last breath must be so sweet!

Or does it continue to taste of defeat? Is it as painful as the breath that awoke me from the womb?

Will my Soul suffering be alleviated in the tomb?

Will the memories of Life still consume my mind?

Or will I have time to find a new Peace? Will my Soul be given new lease?

Will my questions ever cease? If not for all the uncertainty,

In Death I'd find relief. But my Soul does have one true belief.

That belief is, LOVE.

It makes all thee above more easy to bear. LOVE gives BIRTH to LIFE destined for DEATH,

But it's there to care for us in our times of need.

Share with us in our times of greed. Rejoice with us in times of Joy

Like the BIRTH, LIFE, and DEATH of a girl or boy.

Because when we employ LOVE, all the above Turn from bleak to bright.

20 QUESTIONS?

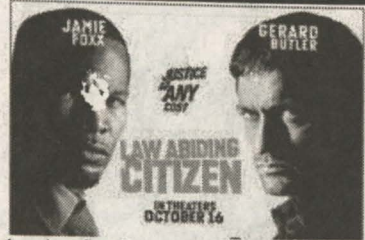
1. Who all thought they knew the owner of the wrecked car in front of the MSC?
2. Did that convince you to not drink and drive?
3. Who is the Sodexo worker pulling more numbers than washing dishes?
4. Who was the boy beating his invisible drums in the middle of the MSC?
5. Who is the guy that is trying to fight Drake because he looks like a celebrity?
6. Doesn't he know that worrying about what another man looks like is "Bromantic"?
7. What student leader got escorted out of the library for acting a fool?
8. Why was the mascot caught coming out of the tall black CA's room for a game of late night twister?
9. Which Panther Doll was caught getting low with people in high places?
10. Who is the star basketball player making a career out of chasing freshmen?
11. Who was the CA who left building 37 at 3 a.m.?
12. Who was the ex- Black Fox who got beat up in the Phases?
13. Who is the girl who went all out with her see through halloween costume?
14. Who was the boy who hit a girl but got hit with a bloody surprise from her in return?
15. Why did he lie by saying he was fighting a boy?
16. Didn't he look really weak for running and telling her LCC?
17. Why is the biggest class of PV the slowest?
18. Does 2013 mean that's their graduation year or is 2.013 their equivalent GPAs?
19. Who feels violated when the maintenance men stare at them?
20. What do you think?

This is for entertainment only. The questions submitted are not the views of The Panther. Want to tell us what you think? Please bring your comments and questions to Rm. 219 MSC or e-mail us at panther@pvamu.edu. Questions are printed at the discretion of The Panther.

ROBERT'S
REVIEWS



★★★★★
Lyrical word play mixed with good production made this mixtape very interesting. From "Wat yo name is" becoming an audience favorite to "Poetry Nite" taking you on an emotional roller coaster, Kirko made it known that his music is authentic. Though the Mixtape could have been better if there were more original songs.
III



★★★★★
I honestly found out about this movie ten minutes before I saw it, but glad I did. The action and suspense in this film kept me wanting more. Jamie Foxx portrayed a new business ans educated role which he played to perfection. Not only did the movie start with a twist, but created more twist as the movie went on. The ending in my opinion was filled with action, but could have been more creative.
III

Dear Dr. Panther,

I have a stalker! I don't know but ever since I went to this party and danced with this chick, she's been following me and telling me that I'm her man. She sends me gift and naked pictures of her and posts numerous bulletins on Facebook claiming me as hers and hers alone. I'm really getting freaked out. At first it was fine until she beat down this one girl that I like because she was talking to me. She sent me a letter yesterday that said that she wanted to have my kids and do things to me (things that would probably get me kicked out of church!) I need some ideas or something. Or maybe an attack dog! What should I do?

Sincerely,

"Fatal Attraction"

Ask Dr. Panther



Dear Fatal Attraction:

O...kay! You need an attack dog and a prayer because this is a very serious case. I think this girl has very serious problems. I think that she is just infatuated with you. You should call someone and have her committed to a psych ward. But in all seriousness...this is very rocky territory. Sounds to me like she needs to be on medication. Or heck...she probably already is and is just skipping doses.

This is my statement to all girls who are fighting for men who don't want them...he's just not into you so don't go making a 'jack' of yourself by becoming another victim of the psychotic list on Twitter, Facebook, or whatever. Go read a romance novel, and cuddle with a bear. Stop stalking these boys knowing that they don't want you. There's someone out there for everyone...just not them.

Fatal Attraction, I wish you the best; stay safe and make sure you lock all your doors and try not to accept any more gifts that she sends you. But if push comes to shove... have that nut job arrested. After all...she can't have you behind bars.

Respectfully,

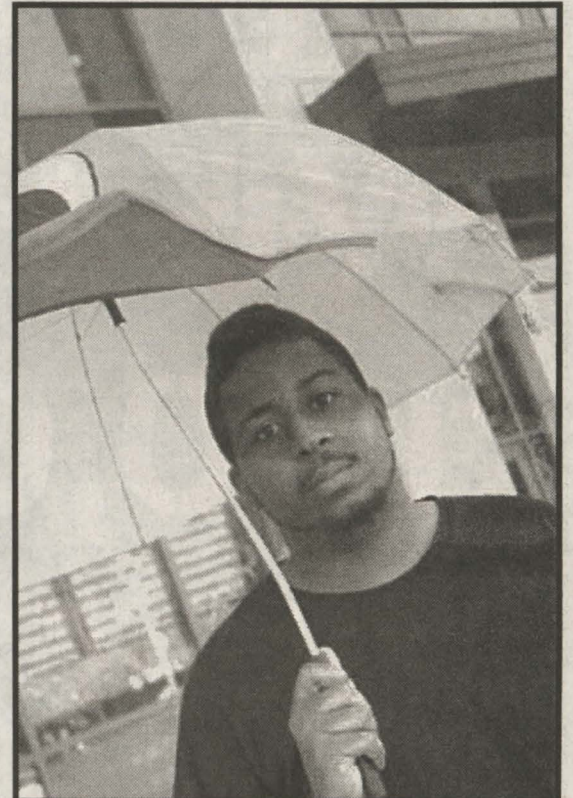
Dr. Panther

facebook Home Profile Friends Inbox Panther Messages

Add us on facebook:
**Panther
Newspaper**

and on Twitter:
@ThePanther_News

PIC OF THE WEEK



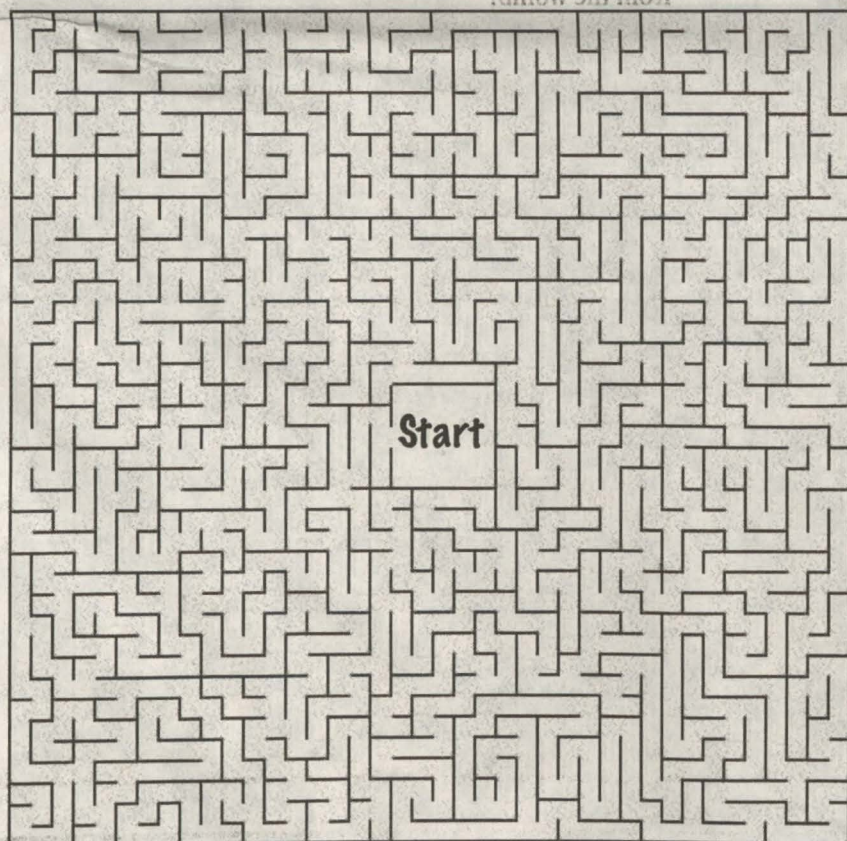
By Brad Traywick, The Panther

Tweet of the Week

Foxiiche @ Shoutout to @ThePanther_News for keepin us updated on the latest campus info!!! #keepitup

"Ask Dr. Panther" is for entertainment only. Dr. Panther is not a trained counselor and answers to readers' questions should not be considered professional advice.

Robert came out of the MSC and noticed a Sodexo cook catching squirrels to cook for the PV students' dinner. Help Robert find Ronald to take pictures of the breaking news!



Find five differences between the two pictures



**IMPORTANT
REMINDER
FROM THE
REGISTRAR'S OFFICE**

**THE DEADLINE TO
APPLY FOR SPRING
GRADUATION IS
FRIDAY NOVEMBER 6,
2009!**

IF YOU ARE LOOKING FOR OPPORTUNITIES, WE HAVE OVER 100,000 MILES OF COASTLINE TO FIND THEM.

You've always known that you were born ready. You take the lead. You go full throttle. You seek out challenges and overcome obstacles. The U.S. Coast Guard is made up of leaders like you. We don't ride wakes, we leave them. If you're ready to get two years' free tuition, medical benefits and a monthly salary of around \$2,200, then you might be one of us. Jump in. Visit gocoastguard.com.

Text "Ready" to 36638 and download the mobile Coast Guard game.*



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*Standard Text Message rates apply. See the full terms and conditions at gocoastguard.com/terms