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Co-Operative Extension Work in Agriculture And Home Economics

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COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS
AGRICULTURAL AND MECHANICAL COLLEGE OF TEXAS AND UNITED
STATES DEPARTMENT OF AGRICULTURE COOPERATING

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STUDIES IN FAMILY LIFE

Suggestions for Correlated Programs

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Every demonstration or program given in Extension Work is important only to the extent to which it develops a more satisfying and happy home life. These suggestions will help emphasize Family Life Studies in demonstrations already being carried.

Production

To produce or grow something, to plant seeds or set eggs with one's own hands, to watch and wait for them to grow, to work with other family members in producing something of value may develop in an individual an appreciation of the processes and values of life that he could discover in no other way. Realization of the dignity of labor and knowledge of having helped to earn the family income build stability and self-confidence into one's character. To work with growing things will help lay the foundation for a more stable religious life.

Each child in family have own garden plot for growing either
flowers or vegetables
Have family fruit or vegetable show
Each child to have the experience of growing and caring for
a pot plant
Children in family take turns at caring for family poultry
flock, or each to own small flock

Home Improvement and Home Management

The house that is most likely to be a home is the one that is planned and furnished by the members for the convenience and individual interests of those who live there. The family living room that provides for enjoyable group meetings and for the convenience of each family member in particular helps to develop a happy home life. Privacy for family members relieves tension and makes for harmony. If the child learns to put away his clothes and to care for his own possessions, it will develop independence and make for family harmony.

Home Improvement and Home Management - continued

Family discuss and make financial plans together.
Study with the family the choosing of suitable gifts for the home
Help other family members to learn flower arrangement
Study and discuss with the family the choosing and buying of
labor-saving equipment
Choose, with the family, one good picture for the home
Plan with the family definite storage space for the books
of each member
Study better methods of house cleaning and caring for
cleaning equipment
Clean own room and share in cleaning whole house
Family discuss the activities needed to be done in the home and on
the farm and divide responsibilities between members of family

Foods

The art of being a guest and that of entertaining friends in one's home contribute much to the happiness of family life. Eating together plays a large part in social life and every child, even the smallest, can learn to share in making meal time pleasant. For all family members to share in food preservation will help to develop a keener appreciation for the problems of better home living. For mother and daughter to work together in daily food preparation means much to both.

Plan for each family member to take his share in providing
the home food supply
Entertain your mother and father on Mother's Day and on Father's
Day
Care for a small child for one week; help it to learn good
eating habits
Give a party for some of your friends - plan and prepare the
games and refreshments
Plan for all family members to share in the preservation of
the home food supply

Landscape Gardening

Home grounds that are clean and beautiful influence the members of the family and indicate home and community pride. The beauty and individual helps to create is reflected in his life, and landscaping the home offers every individual an opportunity to create beauty.

Add two homemade games to the family play equipment
Provide and arrange fresh cut flowers in your home twice
each week (remember the native wild ones). Encourage
younger brothers and sisters to share in this enjoyable
task.

Suggestions for Correlated Programs

Clothing

Clothing contributes much to the comfort, to the happiness, and to the self-confidence of family members. Having an individual place in which to store one's clothes makes one feel that he "belongs" to the group. It also helps him to be more orderly and more systematic. Making and caring for one's clothes develop thrift and responsibility while choosing clothes not only does this but increases initiative and power of discernment.

- Study habit and behavior problems affected by clothing
- Make one piece of self-help equipment for a small family member or friend
- Plan with the family group individual storage space for each family member
- Study the effect of clothes and grooming on character development in family members
- Plan with family members the division of the family income

Home Industries

The wise use of money is one of the cornerstones of successful family living. Every child at an early age should begin to lay this foundation for future success and usefulness by being permitted to share in the plans for, and in the actual work of earning, saving and spending.

- With the help of all the other family members, plan better ways of earning, saving and spending your money
- Make a family chore chart
- Manage the home two days while your mother rests or is away from home